

Hy-Vee E-Newsletter

Omaha/Papillion Edition

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Attention Hy-Vee Shoppers!

Comfort and convenience; two words that come to mind when winter shows up, and boy did it show up this past week! No worries, we have you covered. This week's e-newsletter focuses on Hy-Vee conveniences. When you utilize the resources Hy-Vee provides, you will find yourself saving time and money. You also may find yourself cuddled up on your couch in a big fluffy blanket, sipping hot chocolate and shopping for your groceries. What? Is this real life? Yes. It's very real. Check it out here, in your Omaha/Papillion area Hy-Vee e-newsletter!

Hy-Vee

PICK 5 PROMOTION

BUY ANY 4 "PICK 5" ITEMS BELOW & GET ONE FREE

Mix and match any of the following packages:

 5.00 Skinless Bratwurst Our Own Special Recipe • 6 count • 3.75 oz each	 5.00 Ground Chuck Patties 3 count • 5 oz each • 85% Lean, 15% Fat	 5.00 Boneless Pork Loin Roast 24 oz each
 5.00 Stuffed Pork Loin Chops 2 count • 8 oz each	 5.00 Matlows Stuffed Scallops, Crab or Clams 2 count • 4 to 5 oz each	 5.00 Beef Stew Meat Hy-Vee Choice Reserve • per lb. 
 5.00 Heat & Eat Twice Baked Potatoes 2 count • 10 oz each	 5.00 Stuffed Boneless Pork Loin Roast 24 oz each	 5.00 Bulk Sliced Bacon Hy-Vee Blue Ribbon • 16 oz

SUNDAY, MONDAY & TUESDAY

5.00

Our Own Stuffed Chicken Breast
2 count • 8 oz each

5 packs for \$20

Hy-Vee

Bakery B-O-G-O

SUNDAY, MONDAY & TUESDAY

Buy One, Get One FREE Baking Stone Fresh Baguette Bread 10 oz loaf	Buy One, Get One FREE Bakery Fresh Garlic Chips 11 oz pkg	Buy One, Get One FREE Bakery Fresh Banana Nut Bread 24 oz loaf	Buy One, Get One FREE Bakery Fresh Hamburger Buns 8 count
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ANY Baking Stone Fresh Bread full size loaves

Buy One, Get One FREE Of Equal or Lesser Value (Excludes Take 'n Bake or Artisan)

Simply Wholesome

Discover the natural goodness of our Baking Stone Breads. Handcrafted fresh daily by our early rising bakers who apply their talent and personal touch at each stage of the baking process.

Instead of the encyclopedic list of ingredients common today, Baking Stone loaves contain only the basic ingredients leaving you with a preservative-free bread. The end result, better-tasting, better-textured bread.

There are now more than 20 types of fresh bread in the Baking Stone Bread line. In addition to Sourdough French Baguette, Sourdough Boule and Sourdough Roll, Baking Stone includes such varieties as Ancho Baked Honey Whole Grain and Seed, Honey Bacon Pecan, Pretzel Bread, Fresh Pumpkinseed Bread and a selection of Focaccia breads.

FRESH AT FOUR!

4 TO 7 P.M. DAILY

 7¢ OFF PER POUND Single-Topping Pizza traditional or thin crust select varieties • 16 inch save 7¢ per pound with each pizza purchase	 10¢ OFF PER POUND Tenderloin Sandwich each save 10¢ per sandwich with each item purchase
 5.99 Rotisserie Chicken select varieties • 28 oz	 5¢ OFF PER GALLON Freshly Made Tortilla or Pita Chips 10 to 15 oz save 5¢ per gallon with each item purchase

Omaha • 51st & Center • 144th & Stony Brook • 90th & Center • 108th & Fort • 79th & Cass • 96th & 'Q' Street • 30th & 'L' Street • 132nd & Dodge • 180th & 'Q' • 86th & Maple • 180th & Pacific • Papillion • 72nd & Hwy 370 Plattsmouth • 1418 Westside Drive
Prices are effective while supplies last. We reserve the right to limit quantities. Stop order at www.hy-vee.com

"Like" us on Facebook for upcoming deals and great savings! Prices effective Sunday, Jan. 24th through Tuesday, Jan. 26th, 2016.

check out the convenience of

Hy-Vee Repeat Refills


Your helpful Hy-Vee pharmacists can help you stay on top of your medication therapy, because not taking it as directed by your doctor can be costly to both you and your health.

It's easy, and it's a free service to you from your Hy-Vee Pharmacy.

- Get prescriptions automatically filled ahead of time and ready when you are.
- Receive a call when your order is ready — never worry about running out again!
- Ask your Hy-Vee pharmacist about Repeat Refills today.

Just sign up for 'Repeat Refills' and your maintenance medications will automatically be refilled for you.*

*State Medicaid and Medicare Part B prescriptions are not eligible, other restrictions may apply.

get social   **follow us**

Hy-Vee deals

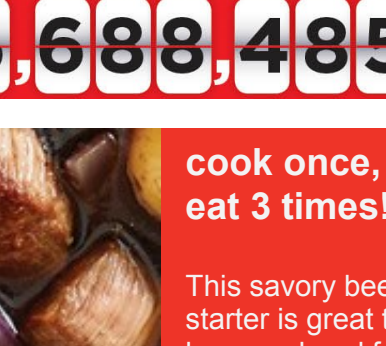


Check out Hy-VeeDeals.com, where there are as many as 675 deals each week, and where you'll have access to a more expansive weekly ad, Fuel Saver-specific and exclusive digital ads, as well as digital coupons that can be electronically clipped to your Fuel Saver+ Perks™ card. We believe this new site will save you time and more money by making all Hy-Vee offers more easily accessible, all in one location.



COUPONS.COM

To get started, we encourage you to go to Hy-Vee.com and create an account. Also, if you don't already have a Fuel Saver + Perks card, you may pick one up at your local Hy-Vee store and activate it at Hy-VeePerks.com.



LAST YEAR LOCAL HY-VEE SHOPPERS SAVED
Hy-Vee \$5,688,485



cook once, eat 3 times!

This savory beef starter is great to keep on hand for a quick meal that tastes like it's been cooking all day. Skip a step and substitute the chuck roast with beef stew meat, that happens to be in our local ad above for \$5.00/lb. 1-24-16 through 1-26-16

Savory Beef Starter

Prep: 15 minutes
Cook time: 5 hours
Serves: Makes 3 (2 cups) portions, 18 (1/2 cup each) servings
Source: Hy-Vee Seasons Holiday 2014

All You Need:
4 1/2 pounds beef chuck boneless arm pot roast
1 tbsp. Hy-Vee Select olive oil
1 (14.5 oz) can Hy-Vee beef broth
1 tbsp. Hy-Vee Worcestershire sauce
1 tsp Hy-Vee garlic powder
1 tsp Hy-Vee Black pepper

All You Do:
1. Trim fat from meat; cut meat into large chunks
2. In a Dutch oven, heat oil over medium-high heat. Add one-fourth of the meat; cook until brown, stirring occasionally. Remove meat from Dutch oven; transfer to a 3-1/2- or 4-quart slow cooker. Add more oil, if needed, to Dutch oven and repeat, cooking remaining meat in batches.
3. Pour broth over meat in slow cooker. Stir in Worcestershire sauce, garlic powder and pepper.
4. Cover and cook on HIGH for 4 hours or until meat is tender.
5. Divide meat mixture among three (3-cup) freezer containers. Freeze for up to 3 months. Thaw overnight in the refrigerator before using.
6. Use in these recipes: [Hearty Beef Stew](#), [Garlicky Hoisin Beef](#) and [Barbecue Beef Sandwiches](#)

Nutrition facts per serving:
250 calories, 9 g fat, 3.5 g saturated fat, 0 g trans fat, 120 mg cholesterol, 150 mg sodium, 0 g carbohydrates, 0 g fiber, 0 g sugar, 40 g protein. Daily values: 0% vitamin A, 0% vitamin C, 2% calcium, 20% iron.

Like the idea of freezer-friendly, make-ahead meals?

From soup to lasagna, the prep work simply involves a little know-how and some freezer space. Freezing meals in large batches is a great make-ahead strategy. It puts you in control of your schedule. Carve some time out this weekend, and use it to prepare several dinners for freezing. When thawed and heated a week or a month later, you'll be rewarded with delicious home-cooked meals. All you need are a few good containers and a freezer compartment.

Now this is the perfect combination of convenience and comfort. You will enjoy the convenience of prep-free weeknight meals, and your family will enjoy comforting and nutritious homemade food.

Read more here:
<https://www.hy-vee.com/helpful-ideas/freeze-frame.aspx>



Shop the way you want to shop. From anywhere, at any time.

- Shop by department
- Shop by the weekly ad

To simplify your shopping experience, you can create a favorites list of frequently purchased items.

<https://www.hy-vee.com/grocery/>

