

**Food Menu Report: Complete Burger Menu**

Item Name	Serving Size	Calories	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Mushroom & Swiss Burger	1 burger	1150	71	23	0	180	1280	67	3	20	61
Mushroom & Swiss Burger, Chicken	1 burger	870	43	10	0	145	1570	65	3	20	57
Mushroom & Swiss Burger, Chicken, Gluten-Free Bun	1 burger	730	41	9	0	145	1510	40	5	6	51
Mushroom & Swiss Burger, Gluten-Free Bun	1 burger	1000	69	22	0	175	1220	42	5	6	56
Mushroom & Swiss Burger, Impossible Burger	1 burger	890	51	17	0	25	1190	74	3	20	38
Mushroom & Swiss Burger, Impossible Burger, Gluten-Free Bun	1 burger	750	49	16	0	25	1140	49	5	6	33
Kickin' Burger	1 burger	1410	97	26	0	205	2160	74	3	27	57
Kickin' Burger, Chicken	1 burger	1150	70	14	0	180	2470	72	3	27	53
Kickin' Burger, Chicken, Gluten-Free Bun	1 burger	1010	68	12	0	180	2410	47	5	14	48
Kickin' Burger, Gluten-Free Bun	1 burger	1270	95	25	0	205	2110	49	5	14	51
Kickin' Burger, Impossible Burger	1 burger	1170	78	20	0	60	2090	81	3	27	35
Kickin' Burger, Impossible Burger, Gluten-Free Bun	1 burger	1030	76	19	0	55	2040	56	5	14	30
Cheese Curd Burger	1 burger	1360	92	38	0	270	2670	49	1	10	80
Cheese Curd Burger, Chicken	1 burger	1080	64	25	0	240	2960	46	1	10	75
Cheese Curd Burger, Chicken, Gluten-Free Bun	1 burger	1140	67	25	0	240	3030	57	5	15	74
Cheese Curd Burger, Gluten-Free Bun	1 burger	1420	95	38	0	270	2740	60	5	15	79
Cheese Curd Burger, Impossible Burger	1 burger	1100	72	32	0	115	2580	55	1	10	56
Cheese Curd Burger, Impossible Burger, Gluten-Free Bun	1 burger	1160	75	32	0	115	2650	66	5	15	55
Hamburger	1 burger	970	55	17	0	150	1190	68	3	21	51
Hamburger, Impossible Burger	1 burger	730	36	11	0	0	1120	75	3	21	29
Hamburger, Impossible Burger, Gluten-Free Bun	1 burger	590	34	10	0	0	1070	50	5	7	24
Cheeseburger, American	1 burger	1040	61	20	0	165	1490	69	3	22	54
Cheeseburger, American, Chicken	1 burger	780	34	8	0	135	1800	67	3	22	51
Cheeseburger, American, Chicken, Gluten-Free Bun	1 burger	640	32	7	0	135	1740	42	5	8	45
Cheeseburger, American, Gluten-Free Bun	1 burger	900	59	19	0	160	1440	44	5	8	49
Cheeseburger, American, Impossible Burger	1 burger	800	42	14	0	15	1420	76	3	22	32
Cheeseburger, American, Impossible Burger, Gluten-Free Bun	1 burger	660	40	13	0	15	1370	51	5	8	27
Cheeseburger, Cheddar	1 burger	1060	62	21	0	175	1330	69	3	21	57
Cheeseburger, Cheddar, Chicken	1 burger	800	35	8	0	145	1640	67	3	21	54
Cheeseburger, Cheddar, Chicken, Gluten-Free Bun	1 burger	660	33	7	0	145	1580	42	5	7	48
Cheeseburger, Cheddar, Gluten-Free Bun	1 burger	920	60	20	0	170	1280	44	5	7	52
Cheeseburger, Cheddar, Impossible Burger	1 burger	820	43	15	0	25	1260	76	3	21	35
Cheeseburger, Cheddar, Impossible Burger, Gluten-Free Bun	1 burger	680	41	14	0	25	1210	51	5	7	30
Cheeseburger, Swiss	1 burger	1070	63	22	0	175	1250	69	3	21	59
Cheeseburger, Swiss, Chicken	1 burger	810	36	9	0	145	1560	67	3	21	56
Cheeseburger, Swiss, Chicken, Gluten-Free Bun	1 burger	670	34	8	0	145	1500	42	5	7	50
Cheeseburger, Swiss, Gluten-Free Bun	1 burger	930	61	21	0	170	1200	44	5	7	54

Cheeseburger, Swiss, Impossible Burger	1 burger	830	44	16	0	25	1180	76	3	21	37
Cheeseburger, Swiss, Impossible Burger, Gluten-Free Bun	1 burger	690	42	15	0	25	1130	51	5	7	32
Cheeseburger, Pepper Jack	1 burger	1060	62	21	0	175	1450	69	3	22	57
Cheeseburger, Pepper Jack, Chicken	1 burger	800	35	9	0	145	1760	67	3	22	54
Cheeseburger, Pepper Jack, Chicken, Gluten-Free Bun	1 burger	660	33	8	0	145	1700	42	5	8	48
Cheeseburger, Pepper Jack, Gluten-Free Bun	1 burger	920	60	20	0	170	1400	44	5	8	52
Cheeseburger, Pepper Jack, Impossible Burger	1 burger	820	43	15	0	25	1380	76	3	22	35
Cheeseburger, Pepper Jack, Impossible Burger, Gluten-Free Bun	1 burger	680	41	14	0	25	1330	51	5	8	30
Cheeseburger, Blue Cheese Crumbles	1 burger	1170	70	26	0.5	195	1910	71	5	21	62
Cheeseburger, Blue Cheese Crumbles, Chicken	1 burger	910	43	14	0.5	170	2220	69	5	21	58
Cheeseburger, Blue Cheese Crumbles, Chicken, Gluten-Free Bun	1 burger	760	41	13	0.5	170	2160	44	7	7	53
Cheeseburger, Blue Cheese Crumbles, Gluten-Free Bun	1 burger	1020	68	25	0.5	195	1860	46	7	7	57
Cheeseburger, Blue Cheese Crumbles, Impossible Burger	1 burger	930	51	20	0.5	50	1840	78	5	21	40
Cheeseburger, Blue Cheese Crumbles, Impossible Burger, Gluten-Free Bun	1 burger	780	49	19	0.5	45	1790	53	7	7	35
California Burger	1 burger	1100	62	20	0	160	1620	80	6	29	56
California Burger, Chicken	1 burger	840	35	7	0	130	1920	77	6	29	52
California Burger, Chicken, Gluten-Free Bun	1 burger	690	33	6	0	130	1870	53	8	15	47
California Burger, Gluten-Free Bun	1 burger	950	60	19	0	155	1570	55	8	15	51
California Burger, Impossible Burger	1 burger	860	43	14	0	10	1550	86	6	29	34
California Burger, Impossible Burger, Gluten-Free Bun	1 burger	710	41	13	0	10	1500	62	8	15	29
Rise-and-Shine Burger	1 burger	1080	61	22	0	365	1590	66	2	20	65
Rise-and-Shine Burger, Chicken	1 burger	820	34	9	0	340	1890	64	2	20	62
Rise-and-Shine Burger, Chicken, Gluten-Free Bun	1 burger	680	32	8	0	340	1840	39	4	6	57
Rise-and-Shine Burger, Gluten-Free Bun	1 burger	940	59	21	0	365	1530	41	4	6	60
Rise-and-Shine Burger, Impossible Burger	1 burger	840	42	16	0	220	1510	73	2	20	43
Rise-and-Shine Burger, Impossible Burger, Gluten-Free Bun	1 burger	700	40	15	0	220	1460	48	4	6	38
Mac-N-Cheese Burger	1 burger	990	61	25	0	195	1730	50	1	2	58
Mac-N-Cheese Burger, Chicken	1 burger	740	34	12	0	165	2050	52	2	2	55
Mac-N-Cheese Burger, Chicken, Gluten-Free Bun	1 burger	790	37	12	0	165	2110	59	5	7	54
Mac-N-Cheese Burger, Gluten-Free Bun	1 burger	1050	64	25	0	195	1800	61	5	7	57
Mac-N-Cheese Burger, Impossible Burger	1 burger	750	42	19	0	45	1660	57	1	2	36
Mac-N-Cheese Burger, Impossible Burger, Gluten-Free Bun	1 burger	810	45	19	0	45	1730	68	5	7	35
Three-Cheese Patty Melt	1 burger	1540	104	35	0	235	2640	79	5	16	72
Three-Cheese Patty Melt, Chicken	1 burger	1280	77	22	0	210	2940	77	5	16	69
Three-Cheese Patty Melt, Chicken, Gluten-Free Bun	1 burger	1160	77	22	0	210	2760	57	5	19	61
Three-Cheese Patty Melt, Gluten-Free Bun	1 burger	1420	104	35	0	235	2460	59	5	19	64
Three-Cheese Patty Melt, Impossible Burger	1 burger	1300	85	29	0	90	2570	86	5	16	50
Three-Cheese Patty Melt, Impossible Burger, Gluten-Free Bun	1 burger	1180	85	29	0	90	2390	66	5	19	42