

14-inch Pizza Nutritional Information

Item Name	Serving Size	Calories	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Traditional Crust (350 - 440 Cals)											
Beef	1/6 pizza	410	16	8	0	40	1100	47	2	2	19
Canadian Bacon	1/6 pizza	380	12	6	0	45	1190	47	2	3	23
Cheese	1/6 pizza	350	12	7	0	30	840	46	2	2	17
Italian Sausage	1/6 pizza	420	18	8	0	40	1090	48	2	2	19
Pepperoni	1/6 pizza	410	17	8	0	40	1060	46	2	2	19
Pork Sausage	1/6 pizza	440	20	8	0	40	1110	48	2	2	19
Traditional Crust - Specialty (360 - 710 Cals)											
Adobe Southwest Chicken	1/6 pizza	410	15	7	0	40	1400	47	1	2	21
Bacon Cheeseburger	1/6 pizza	420	16	8	0	45	1490	50	1	6	19
Bacon Jalapeno Crab Rangoon	1/6 pizza	710	35	16	0	90	1460	74	1	9	25
BBQ Chicken	1/6 pizza	390	11	6	0	35	990	54	1	11	19
Buffalo Bleu Chicken	1/6 pizza	480	23	8	0	35	1360	48	1	2	20
Buffalo Chicken Ranch	1/6 pizza	460	21	7	0	35	1350	49	1	2	20
Chicken Alfredo	1/6 pizza	400	15	8	0	50	1080	46	1	2	22
Chicken Bacon Ranch	1/6 pizza	440	19	8	0	50	1220	45	1	2	22
Crab Rangoon	1/6 pizza	540	22	12	0	60	1030	68	1	9	20
Garden	1/6 pizza	360	12	6	0	25	900	48	2	3	16
Greek Isle	1/6 pizza	410	20	7	0	25	840	46	1	2	16
Hawaiian	1/6 pizza	400	12	6	0	45	1190	50	2	6	23
Italian Sting	1/6 pizza	430	19	8	0	45	1300	48	2	2	20
Meat Cravers	1/6 pizza	450	19	9	0	55	1340	47	2	3	24
Pork Lover's	1/6 pizza	450	21	9	0	50	1220	47	2	2	21
Supreme	1/6 pizza	400	16	8	0	35	1030	47	2	2	18
Taco	1/6 pizza	510	22	9	0	45	1400	58	3	4	22
Tomato Margherita	1/6 pizza	360	17	5	0	15	530	44	0	2	11
White Cheddar Mac and Cheese	1/6 pizza	430	17	9	0	35	1040	53	1	3	17
Zarda BBQ Pork	1/6 pizza	430	17	8	0	50	870	48	1	5	21
Zarda BBQ Pork and Jalapenos	1/6 pizza	430	17	8	0	50	870	49	1	6	21
Zarda BBQ Pork and Pineapple	1/6 pizza	440	17	8	0	50	870	50	1	7	21
Thin Crust (280 - 360 Cals)											
Beef	1/6 pizza	320	15	8	0	40	940	30	2	2	16
Canadian Bacon	1/6 pizza	280	10	5	0	40	920	31	2	3	18

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Cheese	1/6 pizza	280	12	7	0	30	680	30	2	2	15
Italian Sausage	1/6 pizza	340	17	7	0	45	930	31	2	1	16
Pepperoni	1/6 pizza	310	15	7	0	35	820	29	2	1	15
Pork Sausage	1/6 pizza	360	20	8	0	45	960	31	2	2	15
Thin Crust - Specialty (320 - 370 Cals)											
Meat Cravers	1/6 pizza	370	19	8	0	55	1180	31	2	2	21
Supreme	1/6 pizza	320	15	7	0	35	890	31	2	2	16
Tuscano Crust (300 - 400 Cals)											
Beef	1/6 pizza	360	19	9	0	50	900	32	3	2	19
Canadian Bacon	1/6 pizza	330	13	6	0	55	980	32	3	3	23
Cheese	1/6 pizza	300	13	7	0	35	580	31	3	1	15
Pepperoni	1/6 pizza	360	19	8	0	45	810	31	3	1	17
Pork Sausage	1/6 pizza	400	23	8	0	50	920	33	3	2	18
Tuscano Crust - Specialty (280 - 590 Cals)											
Adobe Southwest Chicken	1/6 pizza	360	17	7	0	50	1150	32	2	2	21
Bacon Cheeseburger	1/6 pizza	410	21	10	0	65	1440	35	2	6	21
Bacon Jalapeno Crab Rangoon	1/6 pizza	590	31	11	0	75	1000	62	3	10	17
BBQ Chicken	1/6 pizza	370	13	6	0	50	900	45	2	16	20
Buffalo Bleu Chicken	1/6 pizza	470	28	9	0	45	1180	34	2	1	20
Buffalo Chicken Ranch	1/6 pizza	430	24	8	0	45	1180	35	2	1	20
Chicken Alfredo	1/6 pizza	350	17	8	0	60	810	31	2	2	20
Chicken Bacon Ranch	1/6 pizza	400	22	8	0	60	1050	30	2	1	22
Crab Rangoon	1/6 pizza	450	21	11	0	60	690	50	2	6	17
Garden	1/6 pizza	300	13	6	0	30	620	33	4	2	15
Hawaiian	1/6 pizza	350	13	6	0	55	980	35	3	5	23
Italian Sausage	1/6 pizza	380	20	8	0	50	890	33	3	1	19
Italian Sting	1/6 pizza	280	13	3.5	0	25	1160	31	2	1	11
Meat Cravers	1/6 pizza	450	25	10	0	80	1340	33	3	2	26
Pork Lover's	1/6 pizza	430	26	10	0	70	1130	32	3	1	22
Supreme	1/6 pizza	380	20	9	0	50	930	33	3	2	18
Taco	1/6 pizza	450	23	9	0	50	1130	43	4	3	21
Tomato Margherita	1/6 pizza	300	18	5	0	20	230	28	1	1	10
White Cheddar Mac and Cheese	1/6 pizza	350	17	8	0	35	720	37	2	2	15
Zarda BBQ Pork	1/6 pizza	420	21	9	0	70	680	35	2	6	23

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Zarda BBQ Pork and Jalapenos	1/6 pizza	420	21	9	0	70	680	36	2	7	23
Zarda BBQ Pork and Pineapple	1/6 pizza	430	21	9	0	70	680	36	2	7	23
Breakfast (480 - 530 Cals)											
Bacon with Cheese Sauce	1/6 pizza	490	23	10	0	115	1350	51	1	3	23
Bacon with Sausage Gravy	1/6 pizza	480	21	10	0	120	1280	51	1	2	24
Bacon with Sour Cream	1/6 pizza	510	24	13	0	135	1220	51	1	4	24
Chorizo with Cheese Sauce	1/6 pizza	490	23	9	0	100	1180	51	1	3	21
Chorizo with Sausage Gravy	1/6 pizza	480	21	9	0	105	1100	52	1	3	21
Chorizo with Sour Cream	1/6 pizza	510	24	12	0	120	1040	51	1	4	21
Combo with Cheese Sauce	1/6 pizza	500	24	10	0	110	1280	51	1	3	22
Combo with Sausage Gravy	1/6 pizza	490	22	10	0	110	1190	51	1	3	22
Combo with Sour Cream	1/6 pizza	520	25	13	0	125	1150	52	1	4	22
Sausage with Cheese Sauce	1/6 pizza	510	25	9	0	105	1270	52	1	3	21
Sausage with Sausage Gravy	1/6 pizza	500	23	9	0	105	1200	52	1	3	21
Sausage with Sour Cream	1/6 pizza	530	27	12	0	120	1140	52	1	4	21
Dessert (370 - 390 Cals)											
Apple	1/8 pizza	370	11	4.5	0	0	470	72	1	29	10
Cherry	1/8 pizza	380	11	4.5	0	0	440	74	1	31	10
Cinnamon	1/8 pizza	390	19	10	0	20	410	56	0	18	10