

Item Name	Serving Size	Calories	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Entrees												
Butterball Whole Turkey (10-12 lbs.), Cold	6 oz	200	100	11	3	0	70	880	0	0	0	26
Butterball Whole Turkey (10-12 lbs.), Hot	6 oz	200	100	11	3	0	70	880	0	0	0	26
Butterball Whole Turkey (14-16 lbs.), Cold	6 oz	200	100	11	3	0	70	880	0	0	0	26
Butterball Whole Turkey (14-16 lbs.), Hot	6 oz	200	100	11	3	0	70	880	0	0	0	26
Jennie-O Half Turkey Breast, Cold	6 oz	240	50	6	1.5	0	90	940	0	0	0	46
Jennie-O Half Turkey Breast, Hot	6 oz	240	50	6	1.5	0	90	940	0	0	0	46
Hormel Prime Rib, Cold	6 oz	400	290	32	14	2	100	610	0	0	0	28
Hormel Prime Rib, Hot	6 oz	400	290	32	14	2	100	610	0	0	0	28
Farmland Boneless Ham, Cold	6 oz	260	110	12	4	0	100	1700	8	0	8	28
Farmland Boneless Ham, Hot	6 oz	260	110	12	4	0	100	1700	8	0	8	28
Cook's Carvemaster Pit Ham, Cold	6 oz	260	110	12	4	0	100	1700	8	0	8	28
Cook's Carvemaster Pit Ham, Hot	6 oz	270	110	13	4.5	0	105	1690	12	0	8	27
Sides												
Turkey Gravy	1/4 cup	35	20	2	0	0	5	420	5	0	0	0
Beef Gravy	1/4 cup	20	5	0	0	0	0	240	4	0	0	0
Mashed Potatoes	4 oz	100	25	3	1.5	0	5	410	17	2	0	2
Cranberry Relish	4 oz	130	0	0	0	0	0	15	33	3	28	0
Green Bean Casserole	4 oz	100	50	6	0.5	0	0	430	12	1	2	1
Sage Bread Dressing	4 oz	150	50	6	0.5	0	0	700	21	1	2	3
Sweet Potato Casserole	4 oz	220	50	6	1.5	0	0	690	40	2	31	2
White Cheddar Macaroni	4 oz	210	100	12	6	0.5	25	620	17	1	3	8
Sweet Potato Ginger Salad	4 oz	150	45	5	0.5	0	0	270	24	3	11	2
Honey Citrus Apple Waldorf Salad	4 oz	120	80	9	1	--	--	35	20	3	16	1
Holiday Potatoes	4 oz	180	110	12	7	0	35	400	10	1	1	5
Cheesy Corn Bake	4 oz	140	50	5	3	0	30	310	19	2	6	4
Jumbo Honey Butterflake Dinner Rolls	1 roll	320	110	12	4.5	0	0	310	47	1	14	6
Jumbo Honey Wheat Butterflake Rolls	1 roll	320	130	14	6	0	5	270	45	1	14	5
Pasta												
Fettuccine Chicken Alfredo For Six	1/6 pan	580	200	22	10	0	85	1220	66	3	8	25
Fettuccine Chicken Alfredo For Twelve	1/12 pan	510	140	16	7	0	70	990	63	2	7	24
Lasagna Dinner For Six	1/6 pan	530	250	28	14	0	95	1190	34	3	9	33
Lasagna Dinner For Twelve	1/12 pan	530	250	28	14	0	95	1190	34	3	9	33
Marinara Vegetarian Lasagna For Six	1/6 pan	460	230	25	13	0	70	770	33	3	9	27
Marinara Vegetarian Lasagna For Twelve	1/12 pan	460	230	25	13	0	70	770	33	3	9	27
Alfredo Vegetarian Lasagna For Six	1/6 pan	570	330	37	19	0	115	1150	30	3	4	30
Alfredo Vegetarian Lasagna For Twelve	1/12 pan	520	300	33	18	0	100	1010	28	3	4	29

Pepperoni Pinwheels	1 pinwheel	300	110	13	4.5	0	20	620	35	1	2	10
Hickory House												
Smoked Whole Turkey Breast	8 oz	300	70	8	2.5	--	95	1380	0	--	--	54
Smoked Sliced Turkey Breast	8 oz	310	70	8	2.5	0	90	2140	9	0	9	51
Smoked Pulled Pork, Dry	8 oz	320	160	18	8	0	120	860	2	0	2	39
Smoked Brisket, Dry	6 oz	470	330	37	15	0	145	430	3	0	3	29
Dry Rub Ribs Full Slab	3 oz	190	80	9	3.5	0	40	1960	19	0	19	9
Dry Rub Ribs Half Slab	8 oz	510	220	24	9	0	110	5230	50	0	50	24
Smoked Baked Beans	4 oz	140	20	2	1.5	0	0	580	27	3	16	4
Cornbread	1 piece	210	90	10	--	--	40	260	25	--	--	3
Desserts												
Banana Crème Pie	1/10 pie	330	160	18	13	0	5	200	37	0	26	2
Apple Pie	1/12 pie	290	130	14	6	0	0	270	40	1	21	2
French Silk Pie	1/9 pie	510	320	36	22	0	95	250	44	--	32	4
Pumpkin Pie	1/9 pie	370	240	27	6	0	45	280	53	1	26	5
Red Velvet Cheesecake	1/12 cake	810	500	56	27	2	170	520	71	1	55	8
Traditional Cheesecake	1/12 cake	600	340	38	23	1.5	180	490	57	1	44	10
White Chocolate Raspberry Cheesecake	1/12 cake	700	440	49	31	1.5	195	420	59	1	48	8
Fudge Cake	1/14 cake	690	230	25	8	0	45	470	124	4	84	7
Apple Crisp, Small	1/4 crisp	500	140	16	3.5	0	0	320	86	5	52	5