

Food Menu Report: Hickory House

Item Name	Quantity	Measure	Calories	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fib (g)	Sugar (g)	Prot (g)
Hickory House Smoked Meats												
Hickory House, Dry Rub Ribs Full Slab	3	oz	190	9	3.5	0	40	1960	19	0	19	9
Hickory House, Dry Rub Ribs Half Slab	3	oz	190	9	3.5	0	40	1960	19	0	19	9
Hickory House, Smoked Whole Chicken	3.5	oz	190	14	4	0	65	400	1	0	1	15
Hickory House, Smoked Chicken Breast	3.5	oz	150	8	2	0	60	490	2	0	2	18
Hickory House, 2 Piece Smoked Chicken	2	Piece	400	30	9	0	105	950	2	0	0	30
Hickory House, 4 Piece Smoked Chicken	1	Piece	200	15	4.5	0	55	470	1	0	0	15
Hickory House, 8 Piece Smoked Chicken	1	Piece	200	15	4.5	0	55	470	1	0	0	15
Hickory House, Smoked Brisket, Dry	3.5	oz	270	21	9	0	85	250	2	0	2	17
Hickory House, Smoked Brisket, Sauce	5.5	oz	380	22	9	0	90	1090	22	1	24	18
Hickory House, Smoked Burnt Ends, Dry	3.5	oz	270	21	9	0	85	250	2	0	2	17
Hickory House, Smoked Burnt Ends, Sauce	5.5	oz	380	22	9	0	90	1090	22	1	24	18
Hickory House, Smoked Pork Loin, Dry	3.5	oz	160	7	3.5	0	50	690	4	0	4	17
Hickory House, Smoked Pork Loin, Sauce	5.5	oz	250	8	3.5	0	50	1550	25	1	26	18
Hickory House, Smoked Pulled Pork, Dry	3.5	oz	140	8	3.5	0	50	380	1	0	1	17
Hickory House, Smoked Pulled Pork, Sauce	5.5	oz	240	8	3.5	0	55	1220	21	1	23	18
Chicken												
Chicken, Strip, Fried, Hot, 8 pc Bucket	1	Piece	240	13	2.5	0	20	810	16	1	0	11
Chicken, Fried, 8 pc Bucket	1	Piece	320	24	4.5	0	55	480	5	0	0	21
Chicken, Fried, Spicy, 8 pc Bucket	1	Serving	300	22	4.5	0	70	770	8	0	0	17
Chicken, Herb Roasted, 8pc Bucket	1	Piece	230	14	4	0	90	1030	4	1	1	20
Chicken, Fried, 12 pc Bucket	1	Piece	320	24	4.5	0	55	480	5	0	0	21
Chicken, Herb Roasted, 12 pc Bucket	1	Piece	230	14	4	0	90	1030	4	1	1	20
Chicken, Fried, Spicy, 12 pc Bucket	1	Serving	300	22	4.5	0	70	770	8	0	0	17
Chicken, Strip, Fried, Hot, 12 pc Bucket	1	Piece	240	13	2.5	0	20	810	16	1	0	11
Chicken, Strip, Fried, Hot, 20 pc Bucket	1	Piece	240	13	2.5	0	20	810	16	1	0	11
Chicken, Fried, Spicy, 20 pc Bucket	1	Serving	300	22	4.5	0	70	770	8	0	0	17
Chicken, Herb Roasted, 20 pc Bucket	1	Piece	230	14	4	0	90	1030	4	1	1	20
Chicken, Fried, 20 pc Bucket	1	Piece	320	24	4.5	0	55	480	5	0	0	21
Chicken, Fried, Breast	1	Breast	570	40	8	0	110	870	10	0	0	41
Chicken, Fried, Leg	1	Leg	180	13	2.5	0	0	280	3	0	0	12

Chicken, Fried, Thigh	1	Thigh	360	29	6	0	70	520	6	0	0	20
Chicken, Fried, Wing	1	Wing	180	15	3	0	30	240	3	0	0	10
Chicken, Strip, Fried - 3 Piece	3	Piece	650	39	7	0	60	1380	39	0	0	33
Chicken, Herb Roasted, Breast	1	Breast	410	24	7	0	155	1650	6	1	2	43
Chicken, Herb Roasted, Leg	1	Leg	100	4	1	0	60	790	4	1	1	12
Chicken, Herb Roasted, Thigh	1	Thigh	280	21	6	0	85	1060	4	1	1	17
Chicken, Herb Roasted, Wing	1	Wing	160	11	3	0	70	790	4	1	1	11
Chicken, Strip, Fried, Hot - 3 Piece	3	Piece	680	39	7	0	60	2340	45	3	0	33
Sides												
Hickory House, Side, Cheesy Corn Bake	4	oz	120	5	2.5	0	25	310	16	2	6	3
Hickory House, Side, Smoked Baked Beans	4	oz	140	2	1.5	0	0	580	27	3	16	4
Sandwiches												
Kids												
Chicken, Kids, 1 Chicken Leg, Fried	1	Leg	180	13	2.5	0	0	280	3	0	0	12
Chicken, Kids, 1 Chicken Leg, Herb Roasted	1	Leg	90	4	1	0	55	730	4	1	1	11
Chicken, Kids, 2 Chicken Strips	2	Piece	430	26	4.5	0	40	920	26	0	0	22