

HY-VEE EAST COOKING SCHOOL

Are you interested in cooking and want to learn about new and healthy foods? Join Stephanie, your Hy-Vee East dietitian, for cooking school. We will create a simple, delicious and healthy recipe that you never have tried before!

This hands-on class will take place the second Monday of every month from 5:00 to 6:30 in the Club Room.

\$10.00 per class

September 14th - Better Breakfast

October 12th - Meatless Mondays

November 9th - Blue Zone Cooking Class

December 14th - Healthy Holiday Desserts



Pre-Registration ends two days prior to the event. Sign up and prepay at customer service, call 641-424-9741, or email swarton@hy-vee.com to register.