

Breakfast Beverages Nutritional Information

Item Name	Serving Size	Calories	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fiber (g)	Sugar (g)	SugAdd (g)	Prot (g)	Vit D (mcg)	Calc (mg)	Iron (mg)	Pot (mg)
<b>Orange Juice</b>																
Orange Juice	12 oz	170	0.5	0	0	0	0	39	0.74	31	0	3	0	40.92	0.744	740
<b>Coffee (5 - 10 Cals)</b>																
House Blend Coffee	12 oz	5	0	--	--	--	5	0	--	--	--	0	--	--	--	--
House Blend Coffee	16 oz	5	0	--	--	--	5	0	--	--	--	0	--	--	--	--
House Blend Coffee	20 oz	10	0	--	--	--	10	0	--	--	--	0	--	--	--	--
Decaf Coffee	12 oz	5	0	--	--	--	5	0	--	--	--	0	--	--	--	--
Decaf Coffee	16 oz	5	0	--	--	--	5	0	--	--	--	0	--	--	--	--
Decaf Coffee	20 oz	10	0	--	--	--	10	0	--	--	--	0	--	--	--	--
<b>Pepsi Products (0 - 340 Cals)</b>																
Brisk Tea Raspberry	24 oz	140	--	--	--	--	160	34	--	34	34	0	--	0	0	--
Pepsi	24 oz	320	0	0	0	0	65	87	0	87	86.77	0	0	0	0	0
Caffeine Free Pepsi	24 oz	300	--	--	--	--	60	84	--	84	--	0	--	0	0	--
Diet Pepsi	24 oz	0	0	0	0	0	115	0	0	0	0	0	0	0	0	0
Caffeine Free Diet Pepsi	24 oz	0	0	0	0	0	115	0	0	0	0	0	0	0	0	0
Wild Cherry Pepsi	24 oz	340	0	0	0	0	65	89	0	89	88.89	0	0	0	0	0
Mountain Dew	24 oz	340	0	0	0	0	105	93	0	93	93.12	0	0	0	0	0
Diet Mountain Dew	24 oz	0	--	--	--	--	85	0	--	0	--	0	--	--	--	--
Mug Root Beer	24 oz	300	0	0	0	0	115	80	0	80	80.42	0	0	63.4932	0	0
<b>Fresh Brewed Tea (0 - 170 Cals)</b>																
Fresh Brewed Iced Tea, Sweetened	24 oz	170	0	0	0	0	40	43	0	42	41.95	0	0	21.312	0	0
Fresh Brewed Iced Tea, Unsweetened	24 oz	0	0	0	0	0	30	0	0	0	0	0	0	21.312	0	0
<b>Milk (180 - 230 Cals)</b>																
2% Milk	12 oz	180	8	5	0	30	180	17	0	17	0	12	3.15	450	0	530
Chocolate Milk	12 oz	230	4	2.5	0	25	300	36	0	33	16.5	12	3.75	454.5	0.75	650