

Food Menu Report: Bakery Cookies

Item Name	Serving Size	Calories	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Cookies											
Chocolate Chip	1 cookie	180	8	4	0	15	160	26	1	17	2
English Toffee	1 cookie	190	19	6	0	10	110	24	1	15	1
Homestyle Brownie	1 cookie	170	7	3	0	10	70	27	2	19	2
M&M	1 cookie	190	25	3.5	0	15	150	27	1	19	2
Molasses	1 cookie	160	5	2.5	0	15	130	27	0	15	2
Monster	1 cookie	190	15	3	0	10	180	24	2	16	4
Oatmeal	1 cookie	170	7	2.5	0	15	200	24	1	12	3
Oatmeal Chocolate Chip	1 cookie	180	8	3	0	10	170	25	1	14	3
Oatmeal Raisin	1 cookie	170	6	2	0	10	180	25	1	14	3
Peanut Butter	1 cookie	200	11	3	0	10	210	21	1	13	4
Peanut Butter Chocolate Chip	1 cookie	200	11	3.5	0	10	190	22	1	14	4
Snickerdoodle	1 cookie	180	8	4	0	20	110	25	0	12	2
Sugar	1 cookie	210	12	6	0	10	140	23	0	11	1
Lunchpail Cookies											
Chocolate Chip	1 cookie	70	3.5	1.5	0	5	65	10	0	7	1
English Toffee	1 cookie	80	7	2.5	0	5	45	10	0	6	1
Homestyle Brownie	1 cookie	70	2.5	1	0	5	30	11	1	8	1
M&M	1 cookie	70	3	1.5	0	5	75	10	0	6	1
Oatmeal Raisin	1 cookie	70	2.5	1	0	5	70	10	0	6	1
Peanut Butter	1 cookie	80	4.5	1	0	5	90	9	0	6	2
Sugar	1 cookie	70	3.5	1.5	0	5	65	10	0	7	1
Crispy Cookies											
Almond	1 cookie	170	10	4	0	0	190	18	1	9	2
Chocolate Chip	1 cookie	140	7	3.5	0	0	180	20	1	12	1
M&M	1 cookie	130	6	1.5	0	0	190	17	0	9	1
Peanut Butter	1 cookie	140	7	2.5	0	0	190	17	1	10	3
Sugar	1 cookie	170	8	3.5	0	0	220	23	0	13	2
Cut-Out Cookies											
12" Cut-Out, 13.2 oz.	1 cookie	1880	115	57	0	130	1390	188	4	76	15
3" Cut-Out, 1.2 oz.	1 cookie	170	10	5	0	10	125	17	0	7	1

5" Cut-Out, 4 oz.	1 cookie	570	35	17	0	40	420	57	1	23	5
7" Cut-Out, 4.5 oz.	1 cookie	640	39	19	0	45	470	64	1	26	5
Bell Cut-Out, 1.2 oz.	1 cookie	170	10	5	0	10	125	17	0	7	1
Chick Cut-Out, 1.1 oz.	1 cookie	160	10	4.5	0	10	115	16	0	6	1
Egg Cut-Out, 1.2 oz.	1 cookie	170	10	5	0	10	125	17	0	7	1
Heart Cut-Out, 1.2 oz.	1 cookie	170	10	5	0	10	125	17	0	7	1
Heart Cut-Out, 4 oz.	1 cookie	570	35	17	0	40	420	57	1	23	5
Rabbit Cut-Out, 1.2 oz.	1 cookie	170	10	5	0	10	125	17	0	7	1
Shamrock Cut-Out, 1.2 oz.	1 cookie	170	10	5	0	10	125	17	0	7	1
Star Cut-Out, 1.2 oz.	1 cookie	170	10	5	0	10	125	17	0	7	1
Tree Cut-Out, 1.2 oz.	1 cookie	170	10	5	0	10	125	17	0	7	1
Turkey Cut-Out, 1.2 oz.	1 cookie	170	10	5	0	10	125	17	0	7	1

Food Menu Report: Bakery Scones

Item Name	Quantity	Measure	Calories	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Scones												
Scones, Apple Cinnamon	1	Serving	410	20	10	0	10	320	52	1	26	4
Scones, Blueberry	1	Serving	440	22	11	0	10	330	55	1	27	6
Scones, Brown Sugar Cinnamon	1	Serving	440	20	11	0	10	270	60	1	32	4
Scones, Chocolate Chunk.	1	Serving	450	22	11	0	10	300	56	2	29	5
Scones, Cranberry Orange	1	Serving	380	19	9	0	10	310	48	2	20	5
Scones, Raspberry White Chocolate	1	Serving	440	22	11	0	10	330	55	1	27	6