

**Food Menu Report: Bakery Paczki**

Item Name	Quantity	Measure	Calories	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Paczki												
Paczki, Apple, 6 ct.	1	Serving	300	12	5	0	0	340	44	1	14	5
Paczki, Apricot, 6 ct.	1	Serving	310	12	6	0	0	340	45	1	17	5
Paczki, Bavarian Creme, 6 ct.	1	Serving	310	13	6	0	0	350	45	1	17	5
Paczki, Blueberry, 6 ct.	1	Serving	300	12	5	0	0	320	42	1	15	5
Paczki, Creme, 6 ct.	1	Serving	320	17	7	1.5	0	320	38	0	14	5
Paczki, Lemon, 6 ct.	1	Serving	290	12	5	0	0	360	38	1	12	5
Paczki, Prune, 6 ct.	1	Serving	290	12	5	0	0	310	41	1	9	5
Paczki, Raspberry, 6 ct.	1	Serving	310	12	5	0	0	330	46	1	19	5
Paczki, Strawberry, 6 ct.	1	Serving	200	2	1	0	0	120	45	1	26	1

**Food Menu Report: Bakery Danish**

Item Name	Calories	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Danish										
Danish Butter Flake Rolls, Apple Filled	380	20	6	0	15	380	62	1	34	11
Danish Butter Flake Rolls, Bavarian Filled	380	21	6	0	15	370	61	1	33	11
Danish Butter Flake Rolls, Blueberry Filled	380	20	6	0	15	370	61	1	34	11
Danish Butter Flake Rolls, Cherry Filled	390	20	6	0	15	370	63	1	35	11
Danish Butter Flake Rolls, Cream Cheese Filled	390	22	7	0	15	390	60	1	33	11
Danish Butter Flake Rolls, Lemon Filled	380	21	6	0	15	370	61	1	34	11
Danish Butter Flake Rolls, Raspberry Filled	390	20	6	0	15	360	63	1	35	11
Danish Butter Flake Rolls, Strawberry Filled	380	20	6	0	15	360	61	1	33	11
Danish Butter Flake, Pull a Part, Cinnamon Sticky	330	14	4	0	15	360	49	10	11	6
Danish Butter Flake, Pull a Parts	350	20	6	0	15	350	54	1	29	11
Danish Rolls, Apple	420	20	8	1.5	0	300	61	0	34	5
Danish Rolls, Blueberry	420	20	8	1.5	0	290	61	0	34	5
Danish Rolls, Cherry	430	20	8	1.5	0	290	63	0	36	5
Danish Rolls, Cream Cheese	430	21	8	1.5	5	310	60	0	34	6
Danish Rolls, Lemon	430	20	8	1.5	0	300	61	0	35	5
Danish Rolls, Raspberry	430	20	8	1.5	0	280	64	0	36	5
Danish Rolls, Sticky Pecan	850	50	13	1.5	0	340	102	3	71	8
Danish Rolls, Sticky	620	25	11	1.5	0	340	97	0	70	5
Danish Rolls, Strawberry	420	20	8	1.5	0	290	61	0	34	5