

Bakery Muffin Ingredient and Allergen Information

Item Name	Ingredient Statement	Allergen Statement
Jumbo Muffins		
Apple Spice Jumbo Muffin	Apple Spice Muffin (Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Water, Soybean Oil, Whole Eggs, Apple, Modified Food Starch [Corn], Contains 2% of Less of Each of the Following; Salt, Emulsifier [Propylene Glycol Esters, Mono- and Diglycerides, Sodium Stearoyl Lactylate], Spices, Nonfat Dry Milk, Sodium Aluminum Phosphate, Sodium Bicarbonate, Natural and Artificial Flavor [Milk], Sodium Caseinate [Milk], Xanthan Gum, Egg Whites, Soy Flour), Streusel Topping (Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Vegetable Shortening [Palm Oil], Corn Syrup Solids. Contains 2% or Less of Each of the Following: Salt, Natural and Artificial Flavor [Milk], Yellow Color Blend [Wheat Starch, Annatto, Tumeric Extract].), Cinnamon.	Contains Egg, Milk, Soy, Wheat.
Banana Nut Jumbo Muffin	Banana Nut Muffin (Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Soybean Oil, Water, Whole Eggs, Banana Puree [Banana, Citric Acid, Ascorbic Acid], Walnuts, Modified Food Starch [Corn], Contains 2% or Less of Each of the Following: Salt, Emulsifier [Propylene Glycol Esters, Mono- and Diglycerides, Sodium Stearoyl Lactylate], Nonfat Dry Milk, Sodium Aluminum Phosphate, Sodium Bicarbonate, Natural and Artificial Flavor [Milk], Sodium Caseinate [Milk], Xanthan Gum, Egg Whites, Soy Flour), Walnuts.	Contains Egg, Milk, Soy, Tree Nuts, Wheat.
Blueberry Jumbo Muffin with Streusel	Blueberry Muffin (Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Water, Soybean Oil, Whole Eggs, Blueberries, Modified Food Starch [Corn], Contains 2% or Less of Each of the Following: Salt, Emulsifier [Propylene Glycol Esters, Mono- and Diglycerides, Sodium Stearoyl Lactylate], Nonfat Dry Milk, Sodium Aluminum Phosphate, Sodium Bicarbonate, Cellulose Gum, Natural and Artificial Flavor [Milk], Sodium Caseinate [Milk], Xanthan Gum, Egg Whites, Soy Flour), Streusel Topping (Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Vegetable Shortening [Palm Oil], Corn Syrup Solids. Contains 2% or Less of Each of the Following: Salt, Natural and Artificial Flavor [Milk], Yellow Color Blend [Wheat Starch, Annatto, Tumeric Extract].)	Contains Egg, Milk, Soy, Wheat.
Blueberry Jumbo Muffin with Sugar	Blueberry Muffin (Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Water, Soybean Oil, Whole Eggs, Blueberries, Modified Food Starch [Corn], Contains 2% or Less of Each of the Following: Salt, Emulsifier [Propylene Glycol Esters, Mono- and Diglycerides, Sodium Stearoyl Lactylate], Nonfat Dry Milk, Sodium Aluminum Phosphate, Sodium Bicarbonate, Cellulose Gum, Natural and Artificial Flavor [Milk], Sodium Caseinate [Milk], Xanthan Gum, Egg Whites, Soy Flour), Confectioners Sugar (Sugar, Carnauba Wax).	Contains Egg, Milk, Soy, Wheat.
Butter Rum Jumbo Muffin	Butter Rum Muffin (Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Water, Soybean Oil, Whole Eggs, Butterscotch Chips [Sugar, Hydrogenated Palm Kernel and Coconut Oil, Whey (Milk), Soy Lecithin, Natural and Artificial Flavor, Yellow 6 Lake, Yellow 5 Lake, Blue 2 Lake, Salt], Modified Food Starch [Corn], Contains 2% or Less of Each of the Following: Natural and Artificial Flavor [Milk], Salt, Emulsifier [Propylene Glycol Esters, Mono- and Diglycerides, Sodium Stearoyl Lactylate], Nonfat Dry Milk, Sodium Aluminum Phosphate, Sodium Bicarbonate, Sodium Caseinate [Milk], Xanthan Gum, Egg Whites, Soy Flour).	Contains Egg, Milk, Soy, Wheat.
Carrot Jumbo Muffin	Carrot Muffin (Enriched Bleached Flour [Wheat Flour, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid], Sugar, Water, Soybean Oil, Eggs, Modified Corn Starch, Carrots, Contains 2% or Less of Each of the Following: Partially Hydrogenated Vegetable Shortening [Soybean and/or Cottonseed and/or Canola Oil, Propylene Glycol Mono- and Diesters of Fatty Acids, Mono- and Diglycerides, Soy Lecithin, BHT (Preservative)], Emulsifier [Distilled Monoglycerides, Distilled Propylene Glycol Monoester, Sodium Stearoyl Lactylate with Calcium Silicate], Salt, Spice, Nonfat Milk, Sodium Bicarbonate, Acidic Sodium Aluminum Phosphate, Artificial Flavor, Sodium Caseinate, Beta-Carotene, Guar Gum, Xanthan Gum), Carrots.	Contains Egg, Milk, Soy, Wheat.
Cherry Almond Jumbo Muffin	Cherry Almond Muffin (Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Whole Eggs, Soybean Oil, Water, Modified Food Starch [Corn], Cherries, High Fructose Corn Syrup, Contains 2% or Less of the Each of the Following: Salt, Emulsifier [Propylene Glycol Mono- and Diesters of Fats and Fatty Acids, Distilled Monoglycerides, Sodium Stearoyl Lactylate], Nonfat Dry Milk, Sodium Bicarbonate, Sodium Aluminum Phosphate, Natural and Artificial Flavors [Milk], Sodium Caseinate [Milk], Citric Acid, Gum Blend [Sodium Citrate, Gellan Gum], Xanthan Gum, Potassium Sorbate and Sodium Benzoate [Preservatives], Red 40, Soy Flour, Egg Whites, Blue 1), Sliced Almonds.	Contains Egg, Milk, Soy, Tree Nuts, Wheat.
Cherry Jumbo Muffin	Cherry Muffin (Sugar, Enriched Flour Bleached [Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Soybean Oil, Eggs, Modified Corn Starch, Coarse Sugar, Cherry Flavoring [Orange Pulp, Sugar, Cherries (May Contain Pits), Contains Less Than 2% of the Following: Modified Corn Starch, Water, Artificial Flavor, Potassium Sorbate (Preservative), Citric Acid, Artificial Colors (Red 40, Blue 1)], Whey, Mono and Diglycerides, Leavening [Baking Soda, Aluminum Phosphate], Vital Wheat Gluten, Salt, Sodium Stearoyl Lactylate, Sorbitan Monostearate, Calcium Acetate, Nonfat Milk, Guar Gum, Xanthan Gum, Polysorbate 60, Natural and Artificial Flavor, Soy Flour).	Contains Egg, Milk, Soy, Wheat.
Chocolate Chip Jumbo Muffin	Chocolate Chip Muffin (Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Water, Soybean Oil, Whole Eggs, Semi-Sweet Chocolate [Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin, Vanilla], Modified Food Starch [Corn], Contains 2% or Less of Each of the Following: Salt, Emulsifier [Propylene Glycol Esters, Mono- and Diglycerides, Sodium Stearoyl Lactylate], Nonfat Dry Milk, Sodium Aluminum Phosphate, Sodium Bicarbonate, Natural and Artificial Flavor [Milk], Sodium Caseinate [Milk], Xanthan Gum, Egg Whites, Soy Flour), Semi-Sweet Mini Chocolate Chips (Semi-Sweet Chocolate [Sugar, Chocolate, Cocoa Butter, Milk Fat, Lecithin (Soy), Natural Flavor, Milk]).	Contains Egg, Milk, Soy, Wheat.
Cinnamon Chip Jumbo Muffin	Cinnamon Chip Muffin (Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Sugar, Water, Soybean Oil, Whole Eggs, Cinnamon Drops [Sugar, Palm Oil, Cinnamon, Nonfat Dry Milk, Soy Lecithin], Modified Food Starch [Corn], Contains 2% or Less of Each of the Following: Salt, Emulsifier [Propylene Glycol, Mono- and Diesters of Fats and Fatty Acids, Distilled Monoglycerides, Sodium Stearoyl Lactylate], Nonfat Dry Milk, Sodium Aluminum Phosphate, Sodium Bicarbonate, Natural and Artificial Flavor [Milk], Sodium Caseinate [Milk], Xanthan Gum, Egg Whites, Soy Flour).	Contains Egg, Milk, Soy, Wheat.
Cranberry Orange Jumbo Muffin	Cranberry Orange Muffin (Sugar, Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Soybean Oil, Whole Eggs, Cranberries, Modified Food Starch [Corn], Contains 2% or Less of Each of the Following: Orange Peel, Corn Syrup, Emulsifier [Propylene Glycol Esters, Mono- and Diglycerides, Sodium Stearoyl Lactylate], Salt, Sodium Bicarbonate, Nonfat Dry Milk, Sodium Aluminum Phosphate, Natural and Artificial Flavor [Milk], Sodium Caseinate [Milk], Xanthan Gum, Sodium Benzoate [Preservative], Potassium Sorbate [Preservative], Yellow 5, Yellow 6, Egg Whites, Soy Flour, Red 40), Craisins Original Dried Cranberries (Cranberries, Cane Sugar. Refined Sunflower Oil is Used as a Processing Aid).	Contains Egg, Milk, Soy, Wheat.
Cream Cheese Jumbo Muffin	Cream Cheese Muffin (Sugar, Enriched Flour Bleached [Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Soybean Oil, Eggs, Modified Corn Starch, Coarse Sugar, Whey, Mono and Diglycerides, Leavening [Baking Soda, Aluminum Phosphate], Vital Wheat Gluten, Salt, Sodium Stearoyl Lactylate, Sorbitan Monostearate, Calcium Acetate, Nonfat Milk, Guar Gum, Xanthan Gum, Polysorbate 60, Natural and Artificial Flavor, Soy Flour, Cream Cheese Filling [Water, Sugar, Corn Syrup, Cream Cheese (Pasteurized Cream, Cheese Culture, Salt, Carob Bean Gum, Guar Gum, Sodium Phosphate), Modified Corn Starch, High Fructose Corn Syrup, Contains 2% or Less of Each of the Following: Artificial Flavor, Lactic Acid, Sodium Benzoate and Potassium Sorbate (Preservative), Emulsifier (Mono- and Diglycerides, TBHQ and Citric Acid as a Preservative), Titanium Dioxide, Phosphoric Acid, Sodium Stearoyl Lactylate]).	Contains Egg, Milk, Soy, Wheat.

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Double Dutch Chocolate Jumbo Muffin	Double Dutch Chocolate Muffin (Sugar, Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Soybean Oil, Water, Whole Eggs, Semi-Sweet Chocolate [Sugar, Chocolate Liqueur, Cocoa Butter, Soy Lecithin, Vanilla], Cocoa [Processed with Alkali], Contains 2% or Each of the Following: Modified Food Starch [Corn], Emulsifier [Propylene Glycol Esters, Mono- and Diglycerides, Sodium Stearoyl Lactylate], Nonfat Dry Milk, Salt, Sodium Bicarbonate, Sodium Aluminum Phosphate, Cellulose Gum, Natural and Artificial Flavor [Milk], Monocalcium Phosphate, Egg Whites, Soy Flour), Semi-Sweet Mini Chocolate Chips (Semi-Sweet Chocolate [Sugar, Chocolate, Cocoa Butter, Milk Fat, Lecithin {Soy}, Natural Flavor, Milk]).	Contains Egg, Milk, Soy, Wheat.
Gingerbread Jumbo Muffin	Gingerbread Muffin (Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Soybean Oil, Water, Whole Eggs, Molasses, Modified Food Starch [Corn], Contains 2% or Less of Each of the Following: Emulsifier [Propylene Glycol, Mono- and Diesters of Fats and Fatty Acids, Distilled Monoglycerides, Sodium Stearoyl Lactylate], Salt, Nonfat Dry Milk, Sodium Bicarbonate, Sodium Aluminum Phosphate, Spices, Natural and Artificial Flavor [Milk], Caramel Color, Potassium Sorbate [Preservative], Sodium Caseinate [Milk], Xanthan Gum, Egg Whites, Soy Flour).	Contains Egg, Milk, Soy, Wheat.
Lemon Blueberry Jumbo Muffin	Lemon Blueberry Muffin (Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Eggs, Soybean Oil, Water, Blueberries, Lemon Flavored Concentrate [Corn Syrup, Lemon Peel, Water, Lemon Puree (Lemon Juice Concentrate, Lemon Pulp Cells, Lemon Oil, Lemon Peel), Artificial Flavor, Food Starch-Modified, Contains 2% or Less of Each of the Following: Sodium Citrate, Potassium Sorbate and Sodium Benzoate (Preservatives), Artificial Flavor, Artificial Color (Yellow 5), Citric Acid], Modified Food Starch, Contains 2% or Less of Each of the Following: Vegetable Shortening [Soybean Oil, Glyceryl-Lacto Esters of Fatty Acids, Mono- and Diglycerides, TBHQ Added to Protect Flavor], Emulsifier [Propylene Glycol Esters of Fatty Acids, Mono and Diglycerides, Sodium Stearoyl Lactylate], Salt, Nonfat Dry Milk, Sodium Bicarbonate, Acidic Sodium Aluminum Phosphate, Natural and Artificial Flavor [Milk], Cellulose Gum, Sodium Caseinate [Milk], Potassium Sorbate [Preservative], Guar Gum, Xanthan Gum, Egg Whites, Soy Flour).	Contains Egg, Milk, Soy, Wheat.
Lemon Poppy Seed Jumbo Muffin	Lemon Poppy Seed Muffin (Sugar, Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Soybean Oil, Whole Eggs, Modified Food Starch [Corn], Poppy Seed, Contains 2% or Less of Each of the Following: Corn Syrup, Lemon Peel, Emulsifier [Propylene Glycol Esters, Mono- and Diglycerides, Sodium Stearoyl Lactylate], Salt, Nonfat Dry Milk, Sodium Aluminum Phosphate, Sodium Bicarbonate, Natural and Artificial Flavor [Milk], Lemon Puree [Concentrated Lemon Juice, Lemon Pulp Cells, Lemon Oil, Lemon Peel], Sodium Caseinate [Milk], Sodium Citrate, Xanthan Gum, Sodium Benzoate [Preservative], Potassium Sorbate [Preservative], Yellow 5, Soy Flour, Egg Whites), Confectioners Sugar (Sugar, Carnauba Wax).	Contains Egg, Milk, Soy, Wheat.
Low-Fat Bran Jumbo Muffin	Low Fat Bran Muffin (Water, Enriched Flour [Wheat Flour, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid], Sugar, Fructose, Wheat Bran, Soybean Oil, Contains 2% or Less of Each of the Following: Whey, Wheat Starch, Dextrose, Dry Honey [Honey, Wheat Starch, Calcium Stearate (Anti-Caking Agent), and Lecithin {Processing Aid}], Vegetable Shortening [Soybean Oil, Glyceryl-Lacto Esters of Fatty Acids, Mono- and Diglycerides, TBHQ Added to Protect Flavor], Egg Whites, Sodium Bicarbonate, Salt, Acidic Sodium Aluminum Phosphate, Wheat Gluten, Dry Molasses [Molasses, Wheat Starch, Silicon Dioxide (Anti-Caking Agent), and Lecithin {Processing Aid}], Soy Lecithin, Caramel Color, Modified Corn Starch, Sodium Stearoyl Lactylate, Monocalcium Phosphate, Artificial Flavor).	Contains Egg, Milk, Soy, Wheat.
Mocha Chip Jumbo Muffin	Mocha Chocolate Chip Muffin (Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Soybean Oil, Water, Whole Eggs, Semi-Sweet Chocolate [Sugar, Chocolate Liqueur, Cocoa Butter, Soy Lecithin, Vanilla], Modified Food Starch [Corn], Contains 2% or Less of Each of the Following: Natural and Artificial Flavor [Milk], Salt, Emulsifier [Propylene Glycol Esters, Mono- and Diglycerides, Sodium Stearoyl Lactylate], Nonfat Dry Milk, Sodium Aluminum Phosphate, Sodium Bicarbonate, Sodium Caseinate [Milk], Xanthan Gum, Egg Whites, Soy Flour).	Contains Egg, Milk, Soy, Wheat.
Orange Pineapple Jumbo Muffin	Orange Pineapple Muffin (Sugar, Enriched Bleached Flour [Wheat Flour, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid], Water, Soybean Oil, Eggs, Pineapple, Modified Corn Starch, Contains 2% or Less of Each of the Following: Orange Peel, Citric Acid, Corn Syrup, Partially Hydrogenated Vegetable Shortening [(Soybean, Cottonseed Oil), with Propylene Glycol Mono- Diesters of Fats and Fatty Acids, Mono- and Diglycerides, Soy Lecithin and BHT to Help Protect Flavor], Emulsifier [Mono- Diglycerides, Propylene Glycol Ester of Fatty Acids, Sodium Stearoyl Lactylate], Salt, Sodium Bicarbonate, Nonfat Milk, Acidic Sodium Aluminum Phosphate, Natural and Artificial Flavor, Food Starch-Modified, Cold Pressed Orange Oil, Sodium Caseinate [Milk Derivative], Guar Gum, Xanthan Gum, Sodium Benzoate and Potassium Sorbate [Preservative], Artificial Color [Yellow 5 and 6], Red 40).	Contains Egg, Milk, Soy, Wheat.
Orange Jumbo Muffin	Orange Muffin (Sugar, Enriched Flour Bleached [Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Soybean Oil, Eggs, Modified Corn Starch, Coarse Sugar, Orange Flavoring [Orange Pulp, Sugar, Natural Flavor, Water], Contais Less Than 2% of the Following: Modified Corn Starch, Citric Acid, Potassium Sorbate [Preservative], Artificial Color [Beta Carotene and Yellow 6], Whey, Mono and Diglycerides, Leavening [Baking Soda, Aluminum Phosphate], Vital Wheat Gluten, Salt, Sodium Stearoyl Lactylate, Sorbitan Monostearate, Calcium Acetate, Nonfat Milk, Guar Gum, Xanthan Gum, Polysorbate 60, Natural and Artificial Flavor, Soy Flour).	Contains Egg, Milk, Soy, Wheat.
Pina Colada Jumbo Muffin	Pina Colada Muffin (Enriched Bleached Flour [Wheat Flour, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid], Sugar, Water, Soybean Oil, Eggs, Pineapple, Sweetened Coconut [Coconut, Sugar, Water, Propylene Glycol, Salt, Sodium Metabisulfite], Modified Corn Starch, Contains 2% or Less of Partially Hydrogenated Vegetable Shortening [Soybean and/or Cottonseed and/or Canola Oil with Propylene Glycol Mono- Diesters of Fatty Acids, Mono- and Diglycerides, Soy Lecithin, BHT (Preservative)], Emulsifier [Propylene Glycol, Mono- and Diglycerides, and Sodium Stearoyl Lactylate], Salt, Soybean Oil, Nonfat Milk, Sodium Bicarbonate, Acidic Sodium Aluminum Phosphate, Artificial Flavor, Sodium Caseinate, Guar Gum, Xanthan Gum).	Contains Egg, Milk, Soy, Tree Nuts, Wheat.
Pistachio Jumbo Muffin	Pistachio and Walnut Muffin (Sugar, Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Soybean Oil, Water, Whole Eggs, Walnuts, Modified Food Starch [Corn], Contains 2% or Less of Each of the Following: Salt, Emulsifier [Propylene Glycol Mono- and Diesters of Fats and Fatty Acids, Distilled Monoglycerides, Sodium Stearoyl Lactylate], Nonfat Dry Milk, Sodium Aluminum Phosphate, Sodium Bicarbonate, Natural and Artificial Flavor [Milk], Sodium Caseinate [Milk], Yellow 5, Blue 1, Xanthan Gum, Egg Whites, Soy Flour), Confectioners Sugar (Sugar, Carnauba Wax), Pistachios.	Contains Egg, Milk, Soy, Tree Nuts, Wheat.
Pumpkin Jumbo Muffin	Pumpkin Muffin (Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Water, Soybean Oil, Whole Eggs, Pumpkin, Modified Food Starch [Corn], Contains 2% or Less of Each of the Following: Spices, Emulsifier [Propylene Glycol Mono- and Diesters of Fats and Fatty Acids, Distilled Monoglycerides, Sodium Stearoyl Lactylate], Salt, Nonfat Dry Milk, Sodium Bicarbonate, Sodium Aluminum Phosphate, Natural and Artificial Flavor [Milk], Sodium Caseinate [Milk], Annatto and Turmeric [Color], Xanthan Gum, Egg Whites, Soy Flour).	Contains Egg, Milk, Soy, Wheat.

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Raisin Bran Jumbo Muffin	Raisin Bran Muffin (Enriched Bleached Flour [Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Sugar, Soybean Oil, Eggs, Molasses, Raisins, Wheat Bran, Contains 2% or Less of Each of the Following: Modified Corn Starch, Partially Hydrogenated Vegetable Shortening [{Soybean and/or Cottonseed and/or Canola Oil}], with Propylene Glycol Mono- and Diesters of Fatty Acids, Mono- and Diglycerides, Soy Lecithin, BHT {Preservative}], Emulsifier [Propylene Glycol Ester of Fatty Acids, Mono- Diglycerides and Sodium Stearoyl Lactylate], Nonfat Milk, Salt, Sodium Bicarbonate, Acidic Sodium Aluminum Phosphate, Guar Gum, Caramel Color, Xanthan Gum), Fiber Cereal (Corn Bran, Whole Grain Wheat Flour, Wheat Bran, High Oleic Canola Oil, Sodium Bicarbonate, Annatto Extract [For Color], Salt, Caramel Color, Aspartame*), Mixed Tocopherols [Added to Preserve Freshness]. Vitamins and Minerals: Calcium Carbonate, Sodium Ascorbate [Vitamin C], Reduced Iron, Niacinamide, Zinc Oxide, Pyridoxine Hydrochloride [Vitamin B6], Riboflavin [Vitamin B2], Thiamine Mononitrate [Vitamin B1], Folic Acid, Vitamin B12).	Contains Egg, Milk, Soy, Wheat.
Red Velvet Jumbo Muffin	Red Velvet Muffin (Sugar, Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Soybean Oil, Whole Eggs, Water, Modified Food Starch [Corn], Contains 2% or Less of Each of the Following: Cocoa [Processed with Alkali], Salt, Emulsifier [Propylene Glycol Mono- and Diesters of Fats and Fatty Acids, Distilled Monoglycerides, Sodium Stearoyl Lactylate], Natural and Artificial Flavors [Milk], Red 40, Nonfat Dry Milk, Sodium Bicarbonate, Sodium Aluminum Phosphate, Sodium Caseinate [Milk], Xanthan Gum, Egg Whites, Soy Flour).	Contains Egg, Milk, Soy, Wheat.
Salted Caramel Jumbo Muffin	Salted Caramel Muffin (Sugar, Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Soybean Oil, Whole Eggs, Caramel Chips [Sugar, Palm Kernel Oil, Palm Oil, Reduced Minerals, Whey {Milk}, Nonfat Dry Milk, Anhydrous Dextrose, Soy Lecithin, Salt, Natural and Artificial Flavor, Yellow 5 Lake, Yellow 6 Lake, Blue 2 Lake], Modified Food Starch [Corn], Contains 2% or Less of Each of the Following: Salt, Emulsifier [Propylene Glycol Mono- and Diesters of Fats and Fatty Acids, Distilled Monoglycerides, Sodium Stearoyl Lactylate], Nonfat Dry Milk, Sodium Aluminum Phosphate, Sodium Bicarbonate, Natural and Artificial Flavor [Milk], Sodium Caseinate [Milk], Xanthan Gum, Egg Whites, Soy Flour).	Contains Egg, Milk, Soy, Wheat.
S'more Jumbo Muffin	S'more Muffin (Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Water, Soybean Oil, Whole Eggs, Marshmallow [Dextrose, Hydrogenated Palm Oil, Corn Flour, Artificial Flavor, Titanium Dioxide {Color}], Milk Chocolate [Sugar, Unsweetened Chocolate, Whole Milk Powder, Cocoa Butter, Soy Lecithin, Artificial Flavor], Graham Squares [Wheat Flour, Sugar, Canola Oil, Honey Powder, Honey, Maltodextrin, Sodium Bicarbonate, Salt, Soy Lecithin, Natural and Artificial Flavor, Caramel], Modified Food Starch [Corn], Contains 2% or Less of Each of the Following: Salt, Emulsifier [Propylene Glycol Mono- and Diesters of Fats and Fatty Acids, Distilled Monoglycerides, Sodium Stearoyl Lactylate], Nonfat Dry Milk, Sodium Aluminum Phosphate, Sodium Bicarbonate, Natural and Artificial Flavor [Milk], Sodium Caseinate [Milk], Caramel Color, Beta Carotene [Color], Yellow 5, Xanthan Gum, Egg Whites, Soy Flour), Graham Cracker Crust (Graham Crumbs [Wheat Flour, Whole Wheat Flour, High Fructose Corn Syrup, Palm Oil, Sugar, Sodium Bicarbonate, Salt, Honey], Margarine [Palm Oil, Water, Salt, Vegetable Monoglycerides, Natural Butter Flavor {Milk}, Sodium Benzoate {Preservative}, Citric Acid, Vitamin A Palmitate, Beta Carotene {Color}], Sugar).	Contains Egg, Milk, Soy, Wheat.
Strawberry Jumbo Muffin	Strawberry Muffin (Sugar, Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Soybean Oil, Whole Eggs, Water, Modified Food Starch [Corn], Corn Syrup, Contains 2% or Less of Each of the Following: Strawberries, Salt, Emulsifier [Propylene Glycol Mono- and Diesters of Fats and Fatty Acids, Distilled Monoglycerides, Sodium Stearoyl Lactylate], Nonfat Dry Milk, Sodium Bicarbonate, Sodium Aluminum Phosphate, Natural and Artificial Flavor [Milk], Sodium Caseinate [Milk], Xanthan Gum, Sodium Benzoate [Preservative], Citric Acid, Red 40, Soy Flour, Egg Whites), Confectioners Sugar (Sugar, Carnauba Wax).	Contains Egg, Milk, Soy, Wheat.
Sweet and Sour Jumbo Muffin	Sweet and Sour Muffin (Enriched Bleached Flour [Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Water, Soybean Oil, Eggs, Blueberries, Cranberries, Modified Corn Starch, Contains 2% or Less of Each of the Following: Partially Hydrogenated Vegetable Shortening [Soybean and/or Cottonseed and/or Canola Oil, Propylene Glycol Mono- and Diesters of Fatty Acids, Mono- and Diglycerides, Soy Lecithin, BHT {Preservative}], Emulsifier [Propylene Glycol Monoesters, Monoglycerides, Sodium Stearoyl Lactylate], Salt, Nonfat Milk, Sodium Bicarbonate, Acidic Sodium Aluminum Phosphate, Artificial Flavor, Cellulose Gum, Sodium Caseinate, Guar Gum, Xanthan Gum).	Contains Egg, Milk, Soy, Wheat.
Variety Pack Jumbo Muffins, 2 ct	Chocolate Chip Muffin (Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Water, Soybean Oil, Whole Eggs, Semi-Sweet Chocolate [Sugar, Chocolate Liqueur, Cocoa Butter, Soy Lecithin, Vanilla], Modified Food Starch [Corn], Contains 2% or Less of Each of the Following: Salt, Emulsifier [Propylene Glycol Esters, Mono- and Diglycerides, Sodium Stearoyl Lactylate], Nonfat Dry Milk, Sodium Aluminum Phosphate, Sodium Bicarbonate, Natural and Artificial Flavor [Milk], Sodium Caseinate [Milk], Xanthan Gum, Egg Whites, Soy Flour), Blueberry Muffin (Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Water, Soybean Oil, Whole Eggs, Blueberries, Modified Food Starch [Corn], Contains 2% or Less of Each of the Following: Salt, Emulsifier [Propylene Glycol Esters, Mono- and Diglycerides, Sodium Stearoyl Lactylate], Nonfat Dry Milk, Sodium Aluminum Phosphate, Sodium Bicarbonate, Cellulose Gum, Natural and Artificial Flavor [Milk], Sodium Caseinate [Milk], Xanthan Gum, Egg Whites, Soy Flour), Streusel Topping (Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Vegetable Shortening [Palm Oil], Corn Syrup Soilds. Contains 2% or Less of Each of the Following: Salt, Natural and Artificial Flavor [Milk], Yellow Color Blend [Wheat Starch, Annatto, Turmeric Extract].), Semi-Sweet Mini Chocolate Chips (Semi-Sweet Chocolate [Sugar, Chocolate, Cocoa Butter, Milk Fat, Lecithin {Soy}, Natural Flavor, Milk]).	Contains Egg, Milk, Soy, Wheat.
Variety Pack Jumbo Muffins, 4 ct	Lemon Poppy Seed Muffin (Sugar, Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Soybean Oil, Whole Eggs, Modified Food Starch [Corn], Poppy Seed, Contains 2% of Less of Each of the Following: Corn Syrup, Lemon Peel, Emulsifier [Propylene Glycol Esters, Mono- and Diglycerides, Sodium Stearoyl Lactylate], Salt, Nonfat Dry Milk, Sodium Aluminum Phosphate, Sodium Bicarbonate, Natural and Artificial Flavor [Milk], Lemon Puree [Concentrated Lemon Juice, Lemon Pulp Cells, Lemon Oil, Lemon Peel], Sodium Caseinate [Milk], Sodium Citrate, Xanthan Gum, Sodium Benzoate [Preservative], Potassium Sorbate [Preservative], Yellow 5, Soy Flour, Egg Whites), Blueberry Muffin (Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Water, Soybean Oil, Whole Eggs, Blueberries, Modified Food Starch [Corn], Contains 2% or Less of Each of the Following: Salt, Emulsifier [Propylene Glycol Esters, Mono- and Diglycerides, Sodium Stearoyl Lactylate], Nonfat Dry Milk, Sodium Aluminum Phosphate, Sodium Bicarbonate, Cellulose Gum, Natural and Artificial Flavor [Milk], Sodium Caseinate [Milk], Xanthan Gum, Egg Whites, Soy Flour), Chocolate Chip Muffin (Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Water, Soybean Oil, Whole Eggs, Semi-Sweet Chocolate [Sugar, Chocolate Liqueur, Cocoa Butter, Soy Lecithin, Vanilla], Modified Food Starch [Corn], Contains 2% or Less of Each of the Following: Salt, Emulsifier [Propylene Glycol Esters, Mono- and Diglycerides, Sodium Stearoyl Lactylate], Nonfat Dry Milk, Sodium Aluminum Phosphate, Sodium Bicarbonate, Natural and Artificial Flavor [Milk], Sodium Caseinate [Milk], Xanthan Gum, Egg Whites, Soy Flour), Red Velvet Muffin (Sugar, Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Soybean Oil, Whole Eggs, Water, Modified Food Starch [Corn], Contains 2% or Less of Each of the Following: Cocoa [Processed with Alkali], Salt, Emulsifier [Propylene Glycol Mono- and Diesters of Fats and Fatty Acids, Distilled Monoglycerides, Sodium Stearoyl Lactylate], Natural and Artificial Flavors [Milk], Red 40, Nonfat Dry Milk, Sodium Bicarbonate, Sodium Aluminum Phosphate, Sodium Caseinate [Milk], Xanthan Gum, Egg Whites, Soy Flour), Semi-Sweet Mini Chocolate Chips (Semi-Sweet Chocolate [Sugar, Chocolate, Cocoa Butter, Milk Fat, Lecithin {Soy}, Natural Flavor, Milk]), Confectioners Sugar (Sugar, Carnauba Wax).	Contains Egg, Milk, Soy, Wheat.

Bakery Muffin Ingredient and Allergen Information

Variety Pack Jumbo Muffins, 9 ct	Chocolate Chip Muffin (Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Water, Soybean Oil, Whole Eggs, Semi-Sweet Chocolate [Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin, Vanilla], Modified Food Starch [Corn], Contains 2% or Less of Each of the Following: Salt, Emulsifier [Propylene Glycol Esters, Mono- and Diglycerides, Sodium Stearoyl Lactylate], Nonfat Dry Milk, Sodium Aluminum Phosphate, Sodium Bicarbonate, Natural and Artificial Flavor [Milk], Sodium Caseinate [Milk], Xanthan Gum, Egg Whites, Soy Flour), Red Velvet Muffin (Sugar, Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Soybean Oil, Whole Eggs, Water, Modified Food Starch [Corn], Contains 2% or Less of Each of the Following: Cocoa [Processed with Alkali], Salt, Emulsifier [Propylene Glycol Mono- and Diesters of Fats and Fatty Acids, Distilled Monoglycerides, Sodium Stearoyl Lactylate], Natural and Artificial Flavors [Milk], Red 40, Nonfat Dry Milk, Sodium Bicarbonate, Sodium Aluminum Phosphate, Sodium Caseinate [Milk], Xanthan Gum, Egg Whites, Soy Flour), Blueberry Muffin (Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Water, Soybean Oil, Whole Eggs, Blueberries, Modified Food Starch [Corn], Contains 2% or Less of Each of the Following: Salt, Emulsifier [Propylene Glycol Esters, Mono- and Diglycerides, Sodium Stearoyl Lactylate], Nonfat Dry Milk, Sodium Aluminum Phosphate, Sodium Bicarbonate, Cellulose Gum, Natural and Artificial Flavor [Milk], Sodium Caseinate [Milk], Xanthan Gum, Egg Whites, Soy Flour), Streusel Topping (Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Vegetable Shortening [Palm Oil], Corn Syrup Solids. Contains 2% or Less of Each of the Following: Salt, Natural and Artificial Flavor [Milk], Yellow Color Blend [Wheat Starch, Annatto, Turmeric Extract].), Semi-Sweet Mini Chocolate Chips (Semi-Sweet Chocolate [Sugar, Chocolate, Cocoa Butter, Milk Fat, Lecithin [Soy], Natural Flavor, Milk]).	Contains Egg, Milk, Soy, Wheat.
Cornbread Jumbo Muffin	Corn Muffin (Water, Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Soybean Oil, Sugar, Whole Eggs, Corn Grits, Contains 2% or Less of Each of the Following: Modified Food Starch [Corn], Yellow Corn Flour, Dextrose, Emulsifier [Propylene Glycol Esters, Mono- and Diglycerides, Sodium Stearoyl Lactylate], Nonfat Dry Milk, Salt, Sodium Aluminum Phosphate, Sodium Bicarbonate, Guar Gum, Xanthan Gum, Whey [Milk], Soy Flour, Enrichment [Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Egg Whites).	Contains Egg, Milk, Soy, Wheat.
Honey Butter Corn Bread Jumbo Muffins	Corn Muffin Mix (Sugar, Enriched Flour Bleached [Wheat Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Degermed Yellow Corn Meal, Soybean Oil, Modified Corn Starch, Egg Yolk with Sodium Silicoaluminate, Yellow Corn Flour, Leavening [Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate]. Contains less than 2% of: Whey, Salt, Egg White, Mono and Diglycerides, Xanthan Gum, Soy Flour), Water.	Contains Egg, Milk, Soy, Wheat.
Jalapeno Cheddar Corn Bread Jumbo Muffins	Corn Muffin Mix (Sugar, Enriched Flour Bleached [Wheat Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Degermed Yellow Corn Meal, Soybean Oil, Modified Corn Starch, Egg Yolk with Sodium Silicoaluminate, Yellow Corn Flour, Leavening [Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate]. Contains less than 2% of: Whey, Salt, Egg White, Mono and Diglycerides, Xanthan Gum, Soy Flour), Water, Jalapeno, Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Color Added, Powdered Cellulose [To Prevent Caking]).	Contains Egg, Milk, Soy, Wheat.
Mini Muffins		
Almond Poppy Mini Muffin	Almond Poppy Muffin (Sugar, Bleached Enriched Flour [Wheat Flour, Niacin, Malted Barley Flour, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Soybean Oil, Whole Eggs, Whole Milk [Milk, Vitamin D3], Almonds, Poppy Seeds, Water, Modified Food Starch [Corn], Contains 2% of Each of the Following: Whey, Vital Wheat Gluten, Emulsifier [Propylene Glycol Esters, Mono- and Diglycerides, Sodium Stearoyl Lactylate], Wheat Starch, Salt, Acidic Sodium Aluminum Phosphate, Aluminum Sulfate, Natural Flavor, Sodium Bicarbonate, Calcium Propionate [Preservative], Egg White, Soy Flour).	Contains Egg, Milk, Soy, Tree Nuts, Wheat.
Apple Cinnamon Mini Muffin	Apple Cinnamon Muffin (Sugar, Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Soybean Oil, Whole Eggs, Apple Juice, Applesauce [Apple, Water, Ascorbic Acid], Modified Food Starch [Corn], Natural Flavor, Contains 2% or Less of Each of the Following: Whole Milk [Milk, Vitamin D3], Whey [Milk], Spices, Vital Wheat Gluten, Emulsifier [Propylene Glycol Mono- and Diesters of Fats and Fatty Acid, Distilled Monoglycerides, Sodium Stearoyl Lactylate], Wheat Starch, Salt, Acidic Sodium Aluminum Phosphate, Aluminum Sulfate, Sodium Bicarbonate, Calcium Propionate [Preservative], Caramel Color, Water).	Contains Egg, Milk, Wheat.
Banana Nut Mini Muffin	Banana Nut Muffin (Sugar, Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Soybean Oil, Whole Eggs, Walnuts, Banana Puree [Bananas, Citric Acid, Ascorbic Acid], Water, Modified Food Starch [Corn], Contains 2% or Less of Each of the Following: Natural Flavor [Milk], Whole Milk [Milk, Vitamin D3], Whey [Milk], Vital Wheat Gluten, Emulsifier [Propylene Glycol Esters, Mono- and Diglycerides, Sodium Stearoyl Lactylate], Wheat Starch, Salt, Acidic Sodium Aluminum Phosphate, Aluminum Sulfate, Sodium Bicarbonate, Spices, Calcium Propionate [Preservative], Caramel Color, Egg Whites, Soy Flour).	Contains Egg, Milk, Soy, Tree Nuts, Wheat.
Blueberry Mini Muffin	Blueberry Muffin (Bleached Enriched Flour [Wheat Flour, Niacin, Malted Barley Flour, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Soybean Oil, Whole Eggs, Blueberries, Water, Vegetable Shortening [Palm Oil], Modified Food Starch [Corn], Contains 2% or Less of Each of the Following: Whole Milk [Milk, Vitamin D3], Whey [Milk], Corn Syrup Solids, Emulsifier [Propylene Glycol Esters, Mono- and Diglycerides, Sodium Stearoyl Lactylate], Vital Wheat Gluten, Salt, Natural and Artificial Flavor [Milk], Wheat Starch, Acidic Sodium Aluminum Phosphate, Aluminum Sulfate, Sodium Bicarbonate, Calcium Propionate [Preservative], Yellow Color Blend [Wheat Starch, Annatto, Turmeric]).	Contains Egg, Milk, Soy, Wheat.
Double Chocolate Mini Muffin	Double Chocolate Muffin (Sugar, Soybean Oil, Whole Eggs, Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine, Riboflavin, Folic Acid], Chocolate Drops [Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin, Artificial Flavor], Water, Cocoa [Processed with Alkali], Contains 2% or Less of Each of the Following: Modified Food Starch [Corn], Whey [Milk], Dextrose, Emulsifier [Propylene Glycol Esters, Mono- and Diglycerides, Sodium Stearoyl Lactylate], Natural Flavor, Vital Wheat Gluten, Salt, Sodium Bicarbonate, Caramel Color, Calcium Propionate [Preservative], Acidic Sodium Aluminum Phosphate, Aluminum Sulfate, Monocalcium Phosphate, Egg Whites, Soy Flour).	Contains Egg, Milk, Soy, Wheat.
Lemon Mini Muffin	Lemon Muffin (Sugar, Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Soybean Oil, Whole Eggs, Water, Modified Food Starch [Corn], Natural Flavor, Contains 2% or Less of Each of the Following: Whole Milk [Milk, Vitamin D3], Whey [Milk], Emulsifier [Propylene Glycol Esters, Mono- and Diglycerides, Sodium Stearoyl Lactylate], Vital Wheat Gluten, Wheat Starch, Salt, Acidic Sodium Aluminum Phosphate, Aluminum Sulfate, Sodium Bicarbonate, Calcium Propionate [Preservative], Coloring Gel [Water, High Fructose Corn Syrup, Glycerine, Yellow 5, Sugar, Modified Food Starch, Carrageenan Gum, Preservatives (Sodium Benzoate, Potassium Sorbate), Xanthan Gum, Citric Acid], Soy Flour, Egg Whites).	Contains Egg, Milk, Soy, Wheat.