

Menu Label Report: Charcuterie Boards Dec 2020

Item Name	Quantity	Measure	Wgt (g)	Calories	Prot (g)	Carb (g)	Tot Fib (g)	Sugar (g)	Fat (g)
Sparkling Fruit and Cheese Board	1	Serving	171	390	15	29	1	18	24
World Tour Charcuterie Board	1	Serving	129	380	14	35	3	22	21
Everything English Charcuterie Board	1	Serving	129	360	13	30	1	20	22
Pride of the Midwest Charcuterie Board	1	Serving	174	480	24	35	2	13	27
Charcuterie Deluxe Grazer Board	1	Serving	143	350	13	19	1	6	23

All boards serve 16

Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Vit A (IU)	Vit C (mg)	Vit D (mcg)	Calc (mg)	Iron (mg)	Pot (mg)
12	12	45	390	47	20	0	288	2	300
10	0	45	410	19	1	0	350	1	260
11	0.5	50	460	22	4	0	246	1	125
16	0	75	730	37	2	0	520	1	380
9	0	50	1370	88	26	0	154	1	140