

MONDAY, OCT 6TH 6:00 P.M SOUPS WITH VARIETY

Cost: \$12

Do you love soups but are looking for a few new ways to jazz up the classics? During this class your Hy-Vee dietitian, Kayla, will how you six new variations of soups using three classic and favorite soup



On the menu:

Creamy Potato Soup Pesto Potato Soup Onion & Gorgonzola Soup

Silky Tomato Soup Chicken Chili Curried Chickpea

Black Bean Soup Quinoa, Black Bean & Spinach Sweet Potato & Black Bean

HY-VEE CLUB ROOM

A minimum of 5 participants is required for class to be held. Preregister in advance at <u>www.hy-</u> <u>vee.com</u> or by calling 605-692-7317