

# Nutrition Addition

## cooking class

with Kayla Aman, RDN, LN

**TUESDAY, MARCH 10**

**5:30 P.M. – 6:30 P.M.**

**COST: \$12**

**HY~VEE CLUB ROOM**

### On the menu:

*Cheese Brussels Sprout Dip*

*Mediterranean Cauliflower*

*Pizza*

*Garlic Mashed Rutabagas &*

*Potato*

*Eggplant Cake*

A minimum of 5 participants is required for class to be held. Pre-register in advance.

For more information or to sign up, please visit customer service or contact Kayla at 605-692-7317 or

[kaman@hy-vee.com](mailto:kaman@hy-vee.com)